

UNIVERSITY CENTRE SOUTH DEVON

PROGRAMME QUALITY HANDBOOK 2022-2023

Cert HE Sport Coaching

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1. Welcome and Introduction to Cert HE Sports Coaching.

1.1 Welcome statement

Welcome to your Programme Quality Handbook (PQH), this PQH is designed to provide you with programme related information both for before and during your studies. In addition to this PQH our UCSD interactive website contains our online Handbook to support you which studying at UCSD. A link is available here <u>Student Handbook | University Centre South Devon</u> (ucsd.ac.uk). It can also be navigated by going to <u>www.ucsd.ac.uk</u> and searching for student handbook.

The Cert HE Sports Coaching course is designed to equip you with the knowledge, skills and behaviours that will allow you to succeed within the industry. We are proud of this course and the opportunities you will have to develop yourself in a supportive and student focused environment. Your journey on the programme will be unique and we encourage you to give engage with all the available teaching, expertise, resources, and support to help you excel in your time with us.

Role	Person	Email address
Personal Tutor, HE Lead & Higher Education Coordinator	Ben Roper	benroper@southdevon.ac.uk
Programme Coordinator	Ben Reynolds	benjaminreynolds @southdevon.ac.uk
Curriculum Head	Danny Gaze	danielgaze@southdevon.ac.uk
Assistant Principal	Matt Burrows	mburrows@southdevon.ac.uk

1.2 Programme Management

1.3 Personal Tutor

Your personal tutor's role is to support your personal and professional development, develop your academic skills, manage student expectations, achieve positive student-staff communications, provide pastoral support and signposting, and monitor your wellbeing. They should be your first port of call for advice and/or direction for further support on academic or pastoral matters.

Your personal tutor is Ben Roper. Ben is a sports coach by background, having coached basketball from grassroots to international level, and has been working in both Further and Higher education for fifteen years. He has a Masters in Coaching Science and a postgraduate qualification in teaching. He is currently the Head of Coaching and Player Development for Plymouth Basketball Club.

1.4 Tutoring at UCSD

UCSD's aim is to facilitate and promote positive student engagement in learning, wellbeing, academic success, and progression. This is coordinated through an integrated tutorial model:

- 1. Personal and pastoral tutoring to monitor students' wellbeing and support their personal development
- 2. An academic tutoring curriculum to support in the development of academic and employability skills and monitor your academic and professional progress
- 3. Professional services including the Student Support Hub team, library services, employability, academic standards and quality

The integrated tutorial model ensures all students have a personal tutor and scheduled weekly group and/or one-to-one Tutorials, and can access professional study skills, wellbeing, disability and employability guidance from the HE Student Support Hub.

The tutorial curriculum and Personal Development is tailored for your programme including consideration of the size of programme, the hours that you are studying and the level of your programme. Details will be provided by your personal tutor

Your personal tutor's role is to support your personal and professional development, develop your academic skills, manage student expectations, achieve positive student-staff communications, provide pastoral support and signposting, and monitor your wellbeing. They should be your first port of call for advice and/or direction for further support on academic or pastoral matters. However, your tutor may refer you to members of the Student Support Hub to provide specialist advice and information. See section <u>Student Support Hub</u> below for more information.

1.5 Course Contact List

Details of your modules leaders and how and when they can be contacted are below. You can also view the profile of the teaching team within the curriculum area that your programme is based via this link: <u>https://www.ucsd.ac.uk/research-and-expertise/sport-and-adventure/</u>

If you have questions about a module, please contact the appropriate module leader.

If you have any questions about the programme or your pastoral needs please contact your personal tutor.

If you have any questions about fees, funding or support from the university please contact <u>university@southdevon.ac.uk</u>

Module Leader	Modules	Contact
Ben Roper	UCSD1098 – Foundations of Coaching UCSD1100 – Developing Coaching Practice	benroper@southdevon.ac.uk
Mike George	UCSD1097 – Developing Academic and Professional Skills	mikegeorge@southdevon.ac.uk

1.6 Preparing for your programme

At UCSD, we understand that degree level study is a big step up from previous studies. To help prepare you for the degree we recommend engaging with preparatory activities. Each year UCSD organise Stepping up to HE workshops, with a focus on supporting you to develop your research and writing skills, alongside academic techniques.

For more information on the workshops and resources available, please visit our website: <u>https://www.ucsd.ac.uk/the-first-year-at-university/</u>.

The Student Support Hub is available throughout the duration of your programme and offers a range of services, acting as a first port of call for academic, study, wellbeing, disability, fees/funding, employability and progression support. When progressing to the next level of study of your higher education, there are also workshops and activities available to support you with progressing your graduate skills.

Preparatory reading is a great way to develop your knowledge and skills to be ready for the next level of study in higher education. Please see below some recommended reading to undertake prior to the start of your course:

Preparatory activities and reading

Côté, J. and Gilbert, W. (2009) 'An Integrative Definition of Coaching Effectiveness and Expertise', *International Journal of Sports Science and Coaching* 4(3), pp.307-323

https://youtu.be/jtCVTWFiyPc

www.ukcoaching.org

www.cimpsa.co.uk/standards

1.7 Curriculum design principles

Programme Rationale (summary)

The Cert HE is designed to introduce and underpin the knowledge, skills and behaviours (KSB's) needed to be successful as a sports coach. The overarching plan is the development of student's knowledge, skills and behaviours in the design, implementation, and evaluation of progressive programmes to develop individuals or groups. This is achieved through exploring the underpinning theories of coaching, planning, motor behaviour, stakeholder influence and inclusive practice.

The programme has been shaped by the Level 4 Sports Coach Apprenticeship as a key driver for the shape of the programme. The knowledge, skills and behaviour that are required within the apprenticeship provide the underpinning basis of the content taught within the programme. Studying with experienced and passionate lecturers, students will begin to bridge theory and practice and applying this to their developing professional practice.

Context

The curriculum is designed to support the learning that takes place on the Level 4 Sports Coach apprenticeship standard. This standard has been developed by a range of local and national employers to shape the expected knowledge, skills and behaviours that a coach would need within three sporting contexts. These are, community coach, sports coach and high-performance coach. As the curriculum underpins Level 4 Sports coach standard students who study on this will also be an apprentice, working within the industry to meet the employers need. The curriculum has been designed to reflect this and students will be able to apply their knowledge in the workplace in a sequenced manner that builds throughout the 18-month programme.

Content

Knowledge, understanding, intellectual and transferable skills will be delivered through a diverse and innovative range of methods that will reflect the diversity of learners' needs. Teaching and learning activities within the programme will blend lectures, seminars and tutorials with practical sessions taking an evidence informed approach in line with the South Devon College evidence informed teaching and learning strategy (2021). This approach will ensure that students are able to develop theoretical understanding of evidenced informed practice in the different domains they are studying.

The use of practical contexts to deliver and develop coaching and leadership skills will take place using the college outstanding sports facilities. For practical concepts lecturers will model practice and guide students in delivering in scenarios and environments that challenge students to apply the skills and develop professional practice. Regular feedback on assignments and practical assessments, in tutorial and through module feedback allows students to develop not only their understanding, but also their ability to bridge theory to practice regarding practical skills.

Teaching and Learning Strategy

The programme will encourage an integrated learning experience; academic, information literacy, key skills and employability skills will all be developed alongside knowledge and intellectual skills. Integration of theory, practical and transferable skills development generates a dynamic approach to the curriculum, preparing graduates to be flexible and proactive in managing the changing needs of clients and employers within the framework of their own continuing growth. The need for a sound ethical and evidence base for working with people is addressed by developing reasoning, analytical and critical skills as well as the ability to select, organise and interpret complex information. Through the practice of presentation skills, students will learn to convey information clearly to others in appealing and accessible ways.

The programme is designed to help students to develop the knowledge, attitudes, attributes and skills needed by coaching employers. Students are pushed to develop research capabilities allowing progression into higher level undergraduate study. Programme development and design was therefore discussed with coaching professionals and providers and responsive to a broad range of pathways and needs within the sector.

The programme team have taken an approach that considers the current research regarding coach education within HE. The use of experiential learning (Woodburn, 2020) will be embedded in modules where coaching practice is to be developed, providing students to experiment with theory in practice in a structured environment. Students will then be able to apply this in workplace or professional settings through flexible learning outcomes that they can apply to their own contexts. This contextualised approach will also be combined with the use of structured reflective practice (Knowles, *et al.*, 2001: Kuklick, Garity and Thompson, 2015) for students to understand their role, areas for improvements and behaviours. For example, in both years students will reflect on their coaching practice both written and verbally. Exploration of these key themes allows for clarity on the bridge between theory and practice when coaching and instructing people.

Statistical techniques and use of computer-based data analysis is incorporated in a research project and generic ICT skills are developed through a variety of assessment methods. To ensure the currency of the programme content, assessments, where appropriate, will be designed in collaboration with the apprentice's employer. This will support the employability of students and model the importance of research informed practice. A variety of information technologies and virtual learning (e.g. Flip grid) as well as traditional, formative assessment methods will be used including Moodle and MS teams.

Resources

Each student will be given a reading list within the module guides which will gives access to key texts to explore to further develop their knowledge. These can be accessed by the library or online. A range of online journals are available such as the International Journal for Sports Coaching, Sports Coaching Review and the International Journal for Sports Science and Coaching. The college has excellent physical facilities with the use of a double court sports hall, 3G pitch, high specification strength and conditioning and gym facilities and testing equipment. Students can also access analysis equipment such as the I Sport Analysis Coaching Behaviour

software for coach observation and the Inplaysports analysis software which allows students to analyse individual and team performance.

1.8 Knowledge, skills and behaviours developed on the programme

The Knowledge, Skills and Behaviours listed below are from the Level 4 Sports Coach Higher Apprenticeship Standard available <u>here</u>. Some of these are pathway specific and are relevant to the particular apprenticeship you are on. Your tutor will discuss this with you.

Knowledge

K1: Coaching philosophies and professional practice that consider key stakeholder needs, sporting contexts and codes

K2: Professional development planning methods and self-awareness skills training techniques

K3: Transformational coaching methods and strategic planning techniques

K4: Organisational vision, strategies, policies and processes required to ensure legal, ethical, effective and efficient coaching systems. Including current health and safety, safeguarding, data protection and equality laws

K5: Approaches to organisational workforce structures that underpin best practice and showcase the value of scope within the coaching team

K6: Coaching team development and deployment techniques aligned to all relevant and current legislation, policy, process, operating standards and scopes of practice

K7: Coaching service delivery approaches including industry support networks and collaborative, cohesive and competent coaching teams

K8: Curriculum design methods and coaching pedagogies relevant to the participants unique development needs, the demands of the sport or physical activity and the occupational environment

K9: Progressive programme design and delivery techniques that prioritises accessibility, duty of care and accelerate whole child/person development and sport specific skill acquisition

K10: Progressive programme design and delivery techniques that ensure safe practice and support at events and competition and embed learning transfer across situations

K11: Inclusive coaching techniques that embed human rights, equality laws and conventions to ensure ethical coaching practice

K12: Chief Medical Officer guidelines, Public Health England agendas, organisational, sport specific and holistic approaches to wellbeing considering stressors relevant to the participants context

K13: Learning theories and skill acquisition techniques relevant to participant's unique development needs, the demands of the sport and occupational environment

K14: Positive learning environment attributes and behaviour management strategies relevant to the participant's unique development needs, demands of the sport and the occupational environment

K15: Developments in learning resources including technological advancements and wider industry support mechanisms that maximise engagement, development and performance gains

K16: Methods to measure the impact of the coaching strategies though analysis of key indicators from participant, coach, coaching team and organisational perception and performance data

K17: UK sport and sport specific strategies, global data, trends and contemporary issues in high performance sport, including social, economic, educational and technological influences

K18: UK sport guidelines, high-performance sport stakeholders, organisational context, culture, codes, direction and politics that influence coaching processes

K19: Profiling and enquiry methods designed to measure bio-psycho-social attributes and inform whole person optimisation planning

K20: Profiling and enquiry methods designed to measure sport specific technical and tactical attributes and inform sustainable development and high-performance goals

K21: Session planning techniques that consider high performance athlete's/player's unique needs, goals and curriculum plans

K22: Session preparation techniques including resource organisation, event risk assessment and safe operating procedures in line with high performance sport policy

K23: Session delivery and adaptation techniques that motivate high performance players/athletes through tailored coaching and communication methods for maximum impact

K24: Session evaluation methods that measure sustainable development and performance gains to shape future plans as part of the continuous enquiry cycle

K25: Methods to measure the impact of the coaching practice on the national and international positioning of the sport by comparing athlete/player results against national and international benchmarks

K26: Sport England Professional Workforce Strategies, social change agendas, national trends on national physical activity participation, local data and contemporary influences

K27: Community initiative or club context, culture, stakeholders, Sport England Coaching Plan, sport specific codes, geographic infrastructure and networks that influence coaching pedagogy and process effectiveness

K28: Profiling and enquiry methods designed to measure whole child/person development dimensions considering cognitive, social, emotional and physiological capabilities

K29: Profiling and enquiry methods designed to measure participant motives, behavioural norms, psychomotor skills, technical and tactical awareness in specific sport and physical activity contexts to enable process goals to be agreed

K30: Session planning techniques that consider each participant unique motives, access and development needs, goals and seasonal plans

K31: Session preparation techniques including resource organisation, event risk assessment and safe operating procedures in line with community organisation health and safety policy

K32: Session delivery and adaptation techniques including tailored coaching and targeted communication methods for maximum impact on long-term engagement and enrichment

K33: Session evaluation methods that measure engagement, enrichment and whole child/person development dimensions to shape future plans as part of the continuous enquiry cycle

K34: Methods to measure the impact of coaching practice on social change associated with access, participation, performance, equality and wellbeing by comparing results against local and national benchmarks

K35: National trends in education, the Department for Education strategies, Statutory Guidelines, DfE National Curriculum the Ofsted Education Inspection Framework and the educational paradigm shift

K36: School stakeholders, context, category, strategies, culture and codes that influence coaching pedagogy and process effectiveness

K37: Profiling and enquiry methods designed to measure whole child development dimensions considering cognitive, social, emotional and physiological stages of development

K38: Profiling and enquiry methods designed to measure psychomotor, technical and tactical skills in physical activity contexts drawn from the Department for Education National Curriculum and enable physical education targets to be agreed

K39: Session planning techniques that consider each child's unique profile, development needs, educational targets, and curriculum plans

K40: Session preparation techniques including resource organisation, event risk assessment and safe operating procedures in line with school health and safety policy

K41: Session delivery and adaptation techniques that inspire children though tailored coaching and communication methods for maximum impact

K42: Session evaluation methods that prioritise children's mastery of physical education standards, psychomotor skills and whole child development and shape future plans as part of the continuous enquiry cycle

K43: Methods to measure and evaluate the impact of coaching practice on school standards by comparing children's results against local and national benchmarks

Skills

S1: Influence key stakeholders in the sporting context through own coaching philosophy and professional practice

S2: Enhance coaching competencies and inter-intra-personal skills through continued professional development and self-awareness skills training

S3: Develop transformational coaching strategies and tactics that consider sector, sport, organisation and participants unique needs

S4: Comply with legal, ethical, effective and efficient coaching systems that align to the organisational vision, strategies, policies and processes

S5: Promote the value of the coaching team considering workforce structures and scopes including support staff, coaches, coaching assistants, and volunteers

S6: Facilitate the development of the coaching team through due diligence, inductions, development and performance monitoring

S7: Deliver effective coaching services through industry support networks and a collaborative, cohesive and competent coaching team

S8: Design high quality curriculum that considers participants' unique profiles, promotes ownership and informs micro, meso and macro plans as relevant to the sporting context

S9: Designs and delivers progressive programmes and selects coaching pedagogies that maximise engagement, whole child/person development and accelerates sustainable skill acquisition

S10: Delivers safe and effective coaching support to participants in practice, at events or competitions and influences learning and skill transfer across situations

S11: Embrace each participants uniqueness, their rights and advocates fairness, equality and diversity within the coaching environment

S12: Promote holistic wellbeing to control/contain stressors experienced by participants in their own context and environment

S13: Facilitate participant development by applying learning theory and skill acquisition techniques relevant to participants needs, sport specific demands and context

S14: Facilitate participant development and skill acquisition through positive learning environments and behaviour management strategies

S15: Facilitate participant development and skill acquisition through technological advancements and wider industry support mechanisms

S16: Measure the impact of the coaching strategies though analysis of participant, coach, coaching team and organisational perception and performance data

S17: Proactively responds to global trends, strategies, and contemporary issues in high performance sport to ensure best practice in coaching Page **11** of **72** **S18**: Embrace the high-performance context, culture, organisational direction, and codes to deliver effective coaching processes

S19: Profile athletes or players to measure bio-psycho-social attributes and inform whole person optimisation

S20: Profile athlete/players to measure sport specific technical and tactical attributes and inform sustainable development and high-performance goals

S21: Plan sessions that consider high performance athlete's/player's unique needs, goals, curriculum, progressive programmes, practice, and competition schedules

S22: Prepare for sessions by organising resources, conducting event risk assessment and ensures safe operating procedures in line with high performance sport policy

S23: Deliver safe, inclusive sessions and makes adaptations in the moment to accelerate development and maximise performance gains through relevant coaching and communication methods

S24: Evaluate sessions to monitor sustainability of athlete/player development and performance gains to shape future plans as part of the continuous enquiry cycle

S25: Measure the impact of the coaching practice on the national and international positioning of the sport by comparing athlete or player results against national and international benchmarks

S26: Proactively responds to sector strategies, social change agendas, national and local trends in physical activity participation and contemporary influences

S27: Embrace the community category, context, culture, codes, stakeholders and public sector duty to deliver effective coaching pedagogies and processes

S28: Profile participants to measure whole child/person development dimensions considering cognitive, social, emotional and physiological capabilities

S29: Profile participants motives, behavioural norms, psychomotor skills, technical and tactical awareness in community sport and physical activity contexts to enable goals to be agreed

S30: Plan targeted and accessible sessions that consider each participant's unique motives, development needs, goals and seasonal plans

S31: Prepare for sessions by organising resources, conducting event risk assessment and ensures safe operating procedures in line with community organisation health and safety policy

S32: Deliver safe and inclusive and effective sessions and makes adaptations in the moment to engage and enrich participants though tailored coaching and targeted communication methods for maximum impact

S33: Evaluate sessions to monitor engagement, enrichment and whole child/person development dimensions to shape future plans as part of the continuous enquiry cycle

S34: Measure the impact of coaching practice on social change associated with access, participation, performance, equality and wellbeing by comparing results against local and national benchmarks

S35: Proactively responds to national trends in education standards, paradigm shifts, strategies and contemporary influences in school and physical education

S36: Embrace the school category, context, culture, codes, stakeholders, and statutory guidelines to deliver effective coaching pedagogies and processes

S37: Profile whole child development dimensions considering cognitive, social, emotional and physiological stages of development

S38: Profile children's psychomotor, technical and tactical skills in physical activity contexts drawn from the DfE National Curriculum to enable physical education targets to be agreed

S39: Plan safe, inclusive and effective sessions that consider each child's unique development needs, educational targets and curriculum plans

S40: Prepare for sessions by organising resources, conducting event risk assessment and ensures safe operating procedures in line with school health and safety policy

S41: Delivers safe, inclusive and effective sessions and makes necessary adaptations to develop children's psychomotor skill mastery though tailored coaching and communication methods for maximum impact

S42: Evaluate sessions to monitor children's mastery of physical education standards, psychomotor skills and whole child development to shape plans as part of the continuous enquiry cycle

S43: Measure and evaluates the impact of coaching practice on school standards by comparing children's results against local and national benchmarks

Behaviours

B1: Advocate: acts as an ambassador for the organisation and sector both internally and externally

B2: Inspirational: leads by example, acts with integrity, builds trust and demonstrates respect for others

B3: Ethical: accepts responsibility and is committed to equality, diversity, human rights and safe practice

B4: Collaborative: demonstrates awareness of own and others' working styles and collaborates to achieve positive outcomes

B5: Motivational: considers participants unique needs and tailors' solutions to meet their unique needs

B6: Resilient: adapts when dealing with challenges by maintaining focus, self-control and is flexible to changing work environment and people demands

B7: Results orientated: influences change by soliciting and acting on feedback to deliver results **B8**: Innovative: challenges the status quo to foster new ways of thinking and working and to resolve problems. Seeks out opportunities for continuous improvement in participants, the coaching system, services, the organisation and the sector

1.9 Assessment and feedback strategy

Assessment of your learning is an essential part of attaining your qualification. Your assessments will be design in accordance with the UCSD Assessment Policy <u>https://www.ucsd.ac.uk/student-life/essential-information/academic-regulations-and-procedures-and-policies/</u> and the assessment guidance on the UCSD website <u>https://www.ucsd.ac.uk/student-life/support/assessment-guidance/</u>

Your module leaders will support you to develop the skills to succeed in your assessments. But you can also use the self-directed guidance on https://www.ucsd.ac.uk/student-life/support/assessment-guidance/ and receive one-to-one support from the HE Study team by contacting HEstudy@southdevon.ac.uk

Your assessment timetable will be available on Moodle at the start of your course.

Assessment complies with the UCSD strategy of two assessments per 20 credit modules for the foundation degree programme. For the CertHE, there is a 40-credit module. Here, the apprenticeship standard, EPAO portfolio, and number of learning outcomes have shaped the assessment.

The programme aims to use a variety of assessment methods which embed employability skills to ensure inclusivity and the development of a variety of transferable skills. Other assessments are designed to either allow practical application of employability skills or develop student's transferrable skills. As such, the programme will include a range of assessment methods such as practical's, presentations, case studies, reports, essays, posters, primary research, reflective diaries, professional discussions, and research projects. Practical assessments will make use of the college sports facilities where necessary and practicable.

Additionally, the CertHE modules will directly compliment the Level 4 standard by using assessment methods apprentices will be required to undertake for the EPA. This approach ensures students develop the skills needed to succeed for both the standard and when moving on to higher level skills.

The individual needs of students have been considered throughout. For example, the nature of students that have previously enrolled on the course have needed high levels of additional support. The development and design of the programme and the overall content, such as an increase of assessed practical skills, ensures that all students regardless of their need will be able to achieve with the appropriate support systems from the College and various academic supports. The team will strive to deliver a challenging, yet flexible, learning experience with the addition of personalised support.

Feedback to students occur after both formative draft assessments and summative submissions take place and is an integral part of the programme. Students will still be required to engage in extensive research around the subject to enhance and develop their understanding and regular feedback from draft activities, in tutorial and practical situations allows students to develop their understanding and their ability to communicate their ideas. Summative assessments will test knowledge, practical ability and critical reflection and evaluation and will therefore incorporate practical work, presentations and written reports. UCSD regulations state that summative feedback is given within four working weeks of submission dates and are indicated in the regulatory framework and explained to students throughout their course https://www.ucsd.ac.uk/student-life/essential-information/. The course team endeavours to give both written and verbal feedback to students after assessments are completed to ensure they can use this to improve future grades. Written feedback is available on Turnitin through Moodle for students to access continually, track their progress and monitor their development. All tutors use a standardised draft and summative feedback format to ensure consistency and clarity in feedback structure. Students will receive feedback on summative assessments and a provisional grade that will be agreed at Subject Assessment Panel and Award Board.

1.10 Student Support Hub

The University Centre South Devon (UCSD) is committed to an ethos of equality and inclusivity. How we will support you is set out in the Student Development Policy, available on the UCSD website <u>https://www.ucsd.ac.uk/student-life/essential-information/academic-regulations-and-procedures-and-policies/</u> By becoming a UCSD student you enter a partnership with us, committing yourself to positively engaging and actively taking part in scheduled learning activities, self-directed learning and alerting your teaching team and/or the Student Support Hub to any additional needs you have. In return we commit to support you to achieve your potential. This relationship is set out in our Student Charter <u>https://www.ucsd.ac.uk/student-life/essential-</u> information/academic-regulations-and-procedures-and-policies/

The UCSD Student Support Hub <u>https://www.ucsd.ac.uk/student-life/support/</u> is based on the ground floor of the University Centre. Many students think that the Support Hub is only for when they have exhausted all other avenues of support. But we encourage you to seek us out as soon as you think that you are struggling, because it is much easier to solve issues when they emerge. Also, students may feel that they are expected or should be able to manage any difficulty, but it is better to contact us to discuss what we can support, rather than make that decision yourself. Therefore, all students are encouraged to contact the Hub team early in their student journey, the service is available year-round except for closure days (normally around Christmas, so that you can be supported to thrive:

• HE Study Team

The HE Study Team's role is to support you to develop your study and academic skills. You may have just progressed from a Level 3 course such as A' Levels, Access to HE, BTEC, or a Level 3 Diploma, or not have studied for many years, but everyone will find the step up to Higher Education learning a challenge and for some it will be more challenging we are here to support everyone. The team are here to support you to enjoy and make the most of your

academic studies, that includes students who are doing well and want to do better and those for whom learning is more challenging. There is a wealth of resources on the UCSD website https://www.ucsd.ac.uk/student-life/support/study-skills/ and you can book one-to-one sessions by emailing https://www.ucsd.ac.uk/student-life/support/study-skills/ and you can book one-to-one sessions by emailing https://www.ucsd.ac.uk/student-life/support/study-skills/ and you can book one-to-one sessions by emailing https://www.ucsd.ac.uk/student-life/support/study-skills/ and you can book one-to-one sessions by emailing https://www.ucsd.ac.uk/student-life/support/study-skills/ and you can book one-to-one sessions by emailing https://www.ucsd.ac.uk sessions can be held face to face or on MS Teams.

• HE Disability Team

If you have a disability or difficulty, whether that is physical, mental health or a learning difficulty, rest assured you will receive the support and assistance you need to study. You can contact us even if you are unsure that you might have a disability or difficulty as we are happy to have a chat about how you feel. Our team will guide and assist you from the initial enquiry, through the application and assessment process, and signpost you to additional resources and services where required. Find out more information on our website https://www.ucsd.ac.uk/student-life/support/disability-support/ or visit the Government's website about Disabled Students' Allowance https://www.gov.uk/disabled-students-allowance-dsa If you are an apprentice student, you are entitled to the same support, but the application process is slightly different. The earlier you contact the team, the quicker the support can be in place, please contact HEdisability@southdevon.ac.uk

• HE Wellbeing Team

The Wellbeing team can provide support to students experiencing wellbeing challenges that impact on their studies we understand that studies can face many difficulties so, don't be afraid to speak to us. The team offers urgent and regular support to help you adjust to and manage student life, stay positive and motivated, encourage you to continue with your studies, and manage the unexpected. Students who have mental health difficulties can apply for disability support to provide regular and specialist support. For more information see https://www.ucsd.ac.uk/student-life/support/wellbeing-support/ or contact https://www.ucsd.ac.uk/student-life/support/wellbeing-support/ or contact

• HE Employability

The Employability team are available to support you as your career plans develop. They can offer placement opportunities and help you to find appropriate work while you are studying. You can discuss your ideas, gain support researching opportunities, have feedback on your CV, personal statement or job application, and practice your interview skills. For more information see https://www.ucsd.ac.uk/employability-and-next-steps/ or contact HEemploy@southdevon.ac.uk

Before you start your programme, you should engage with the Stepping up to Higher Education resources on our website https://www.ucsd.ac.uk/stepping-up-to-higher-education/ and attend the workshops held by the HE Study team as these provide a detailed and useful introduction to your new academic life. There will also be a course induction by the programme team a week before teaching starts.

UCSD encourages all students to actively engage with their tutor and the HE Student Support Hub to access study skills, wellbeing, disability, and employability support throughout their studies. Make the most of the support available to you, so that you can gain the best degree.

1.11 Preparation for Employment, further academic study and personal development

It is intended that this programme will prepare students for career opportunities and further undergraduate study in a range of areas related to coaching. The learning approach is student centred, allowing individuals to bring their own unique personalities, beliefs and experiences into a framework of progressive development. Students will also be able to work independently and selfsufficiently, a key need in the local area where employers report much of the delivery they undertake can happen remotely. The programme team will do their utmost to support and facilitate student learning and development to help them achieve their future aspirations.

Upon successful completion of the Cert HE students will be able to move into Level 5 of the FdSc Sports Coaching foundation degree. As the CertHE is delivered over 18 months students can progress onto the Level 5 on the following September after their EPA. These students can also progress into employment with their current employer or progress elsewhere in the sector.

Additional career progression and other additional opportunities will be included in tutorials throughout the year. Initial advice and guidance will be provided to individual students who may want to progress to other higher education institutes.

1.12 UCSD Enterprise and Employability Framework Mapping

The UCSD Enterprise and Employability Framework sets out employability criteria that every UCSD graduate should achieve. Evidence here activity within the programme, or signpost to further support, that matches each of the criteria:

	FHEQ level: 6							
Employability Criteria	Definition	Programme Aims and Intended LOs	Module Aims and LOs	Assessment	Extra activity (i.e. trips)	Other UCSD areas of activity		
Job-specific skills	Students demonstrate the specialist and technical knowledge and skills needed by employers (in the sector) locally and nationally.	Programme Aim 1 Programme Aim 5	UCSD1097 – LO3, LO4 UCSD1098 – LO1, LO2, LO3, LO4 UCSD1099 – LO3, LO4 UCSD1100 – LO1, LO2, LO3, LO4 UCSD1101 – LO3, LO4	UCSD1097 – A2 – LO3, LO4 UCSD1098 – A1 - LO1, LO2, A2- LO3, LO4 UCSD1099 – A2 LO3, LO4 UCSD1100 – A1 LO1, LO2, A2 LO3, LO4 UCSD1101 – A2 LO3, LO4 UCSD1102 – A1 LO1, LO2, A2 LO3, LO4				
General skills (aka. Transferable skills, 'soft' skills)	Students demonstrate the general knowledge, behaviours, and skills needed by every employer and workplace.	Programme Aim 3 Programme Aim 4	UCSD1097 – LO1, LO2, LO3, LO4 UCSD1098 – LO3, LO4 UCSD1102 – LO1, LO2, LO3, LO4	UCSD1097 – A1 – LO1, LO2 A2 – LO3, LO4 UCSD1098 – A2 LO3, LO4 UCSD1102 – LO1, LO2, LO3, LO4				
Digital skills	Students demonstrate the essential digital knowledge, behaviours, and skills needed by employers.	Programme Aim 3 Programme Aim 4	UCSD1097 – LO1, LO2 UCSD1099 – LO3, LO4	UCSD1097 – A1 LO1, LO2 UCSD1099 – A2 LO3, LO4				

Practice and Experience	Students apply their knowledge and skills to specific career-relevant situations, and within career- relevant contexts.	Programme Aim 5	UCSD1097 - LO4 UCSD1098 - LO1, LO2, LO3, LO4 UCSD1099 - LO3, LO4 UCSD1100 - LO1, LO2, LO3, LO4 UCSD1101 - LO3, LO4 UCSD1102 - LO1, LO2, LO3, LO4	UCSD1097 - A2 -LO4 UCSD1098 - A1 - LO1, LO2, A2- LO3, LO4 UCSD1099 - A2 LO3, LO4 UCSD1100 - A1 LO1, LO2, A2 LO3, LO4 UCSD1101 - A2 LO3, LO4 UCSD1102 - A1 LO1, LO2, A2 LO3, LO4	
Careers Guidance	Students explore their knowledge, skills, and behaviours, in terms of their future, employment, and chosen career areas.	Programme Aim 4	UCSD1097 – LO3, LO4	UCSD1097 – A2 – LO3, LO4	
Enterprise	Students create ideas, set within practical situations, which lead to cultural, social or economic value. This can, but does not have to, lead to venture creation.	Programme Aim 4	UCSD1097 – LO3, LO4	UCSD1097 – A2 – LO3, LO4	
Personal Development	Students reflect on their identities, qualities, and values to better understand themselves, from which to make informed choices about future employment.	Programme Aim 3 Programme Aim 4	UCSD1097 – LO3	UCSD1097 – A2 – LO3	
Professional Behaviours	Students display the professional behaviours required of best practice and suitable for general employment.	Programme Aim 1,2,3,4	UCSD1097 – LO3 UCSD1098 – LO1, LO2, LO3, LO4 UCSD1099 – LO3, LO4	UCSD1097 – A2 – LO3 UCSD1098 – A1 - LO1, LO2, A2- LO3, LO4	

			UCSD1100 – LO1, LO2, LO3, LO4 UCSD1101 – LO3, LO4	UCSD1099 – A2 LO3, LO4 UCSD1100 – A1 LO1, LO2, A2 LO3, LO4 UCSD1101 – A2 LO3, LO4		
Networking	Students have opportunities to grow and utilise personal networks of support for a wide range of career- and industry-related activities.	Programme Aim 4	UCSD1097 – LO4	UCSD1097 – A2 – LO4		
Further information: Extra employable Employability is a vital part of the learning journey of all UCSD students and is integrated throughout the programme at FHEQ Level 6. As detailed in the UCSD Enterprise and Employability Framework, UCSD students develop their employability across nine criteria. This section highlights any other areas of activity, signposting, or links to industry and employer standards. Extra employable						

1.13 Student engagement in ongoing programme development

UCSD sees students as partners in their academic process, we actively seek and respond to your feedback at several points within the year. You and your course peers will elect a Student Representative to represent your views at Student Consultative Forum three times a year. The Lead Student Rep, elected by the whole student body also acts as a Student Governor in South Devon College's governance structures to represent your views. Students are also asked to give early and end of module review feedback to improve module delivery, and surveys about their student satisfaction once a year. In addition, students can always discuss any concerns or areas of good practice with their personal tutor.

You said:	We did:
You wanted the timetables to remain Monday and Tuesday	We have kept the timetable on Tuesday but are unable to keep the Monday session do to the structure of other programmes. The second day will be Wednesday which was determined as the next best option
You would like a structure and word counts to assessments	After discussion with the group and EE we have determined that at level 4 structure and word counts will be given. At Level 5, only structure will be provided. This will help learners with the transition to being independent

Below, we outline the recent feedback that has been received from students and how we have developed the programme in response to that feedback.

1.14 Applicable Regulations, Policy and Procedures

This is not a definitive list, the UCSD Student Handbook can provide more information <u>Student Handbook | University Centre South Devon (ucsd.ac.uk)</u>

Policy/Procedure/R egulation	Provision	Comments
Regulations	UCSD	

	-	
Terms and Conditions	UCSD	
Fee Policy	UCSD	
Admission Policy	UCSD	
Academic Complaints Policy	UCSD	UCSD on programme learning and UKCS for EPA
Service Complaints Policy	UCSD	
Code of Conduct and Disciplinary Policy	UCSD	
Fitness to Study/Study and Wellbeing Review Policy	UCSD	
Academic Offences Policy	UCSD	UCSD on programme learning and UKCS for EPA
Extenuating Circumstances Policy	UCSD	
Academic Appeals	UCSD	Stage 1 is dealt with UCSD UCSD on programme learning and UKCS for EPA
Other – please stipulate		

2. Programme Specification

2.1 **Programme Details**

CertHE Sports Coaching

Final award title: Certificate of Higher Education Sports Coaching

Level X Intermediate award title(s)

Level X Intermediate award title(s)

UCAS code

HECOS code: 100095

LCDS code: MA.4

2.2 Awarding Institution: South Devon College

Teaching institution(s): South Devon College

2.3 Accrediting body(ies)

Summary of specific conditions/regulations

Date of re-accreditation

2.4 Distinctive Features of the Programme and the Student Experience Intent of the programme

At University Centre South Devon, we offer a platform for students to achieve their goals here in the Southwest. Our curriculum is developed with employers to ensure that students develop graduate skills that the local employment market requires, ensuring they play their part in the prosperity of South Devon, and beyond. The success and well-being of every student is important to us. When they study with South Devon College, they'll be part of our community which is built upon a supportive culture of excellence. We work with students, and by sharing our passion for success and excellence we can help them achieve their goals. This results in an excellent learning environment that gives students every opportunity to excel.

While studying for a Cert HE Sports Coaching award, students will come to appreciate that coaching best understood by adopting an integrated, multiple facets to develop and progress individuals. The programme is dynamic, examining a range of theories, issues and subjects relating to the practice within the sports coaching industry.

The overarching plan is the development of student's knowledge, skills and behaviours in the design, implementation and evaluation of progressive programmes to develop individuals or groups. This is achieved through exploring the underpinning theories of coaching, planning, motor behaviour, stakeholder influence and inclusive practice. This has been shaped by the Level 4 Sports Coach Apprenticeship as a key driver for the shape of the programme. The knowledge, skills and behaviour that are required within the apprenticeship provide the underpinning basis of the content taught within the programme.

Studying with experienced and passionate lecturers, students will begin to bridge theory and practice and applying this to their developing professional practice. The programme aims to enable an effective, efficient and enjoyable learning experience which is also a sound preparation for the workplace and for continuing individual and career development taking a proactive approach to partnership working between tutors, students, and employers.

• How is the programme implemented inc. teaching and learning, assessment and academic support;

The programme will encourage an integrated learning experience; academic, information literacy, key skills and employability skills will all be developed alongside knowledge and intellectual skills. Integration of theory, practical and transferable skills development generates a dynamic approach to the curriculum, preparing graduates to be flexible and proactive in managing the changing needs of clients and employers within the framework of

their own continuing growth. The need for a sound ethical and evidence base for working with people is addressed by developing reasoning, analytical and critical skills as well as the ability to select, organise and interpret complex information. Through the practice of presentation skills, students will learn to convey information clearly to others in appealing and accessible ways.

The programme is designed to help students to develop the knowledge, attitudes, attributes and skills needed by coaching employers. Students are pushed to develop research capabilities allowing progression into higher level undergraduate study. Programme development and design was therefore discussed with coaching professionals and providers and responsive to a broad range of pathways and needs within the sector.

The programme team have taken an approach that considers the current research regarding coach education within HE. The use of experiential learning (Woodburn, 2020) will be embedded in modules where coaching practice is to be developed, providing students to experiment with theory in practice in a structured environment. Students will then be able to apply this in workplace or professional settings through flexible learning outcomes that they can apply to their own contexts. This contextualised approach will also be combined with the use of structured reflective practice (Knowles, *et al.,* 2001: Kuklick, Garity and Thompson, 2015) for students to understand their role, areas for improvements and behaviours. For example, in both years students will reflect on their coaching practice both written and verbally. Exploration of these key themes allows for clarity on the bridge between theory and practice when coaching and instructing people.

Knowledge, understanding, intellectual and transferable skills will be delivered through a diverse and innovative range of methods that will reflect the diversity of learners' needs. Teaching and learning activities within the programme will blend lectures, seminars and tutorials with practical sessions taking an evidence informed approach in line with the South Devon College evidence informed teaching and learning strategy (2021). This approach will ensure that students are able to develop theoretical understanding of evidenced informed practice in the different domains they are studying.

The use of practical contexts to deliver and develop coaching and leadership skills will take place using the college outstanding sports facilities. For practical concepts lecturers will

model practice and guide students in delivering in scenarios and environments that challenge students to apply the skills and develop professional practice. Regular feedback on assignments and practical assessments, in tutorial and through module feedback allows students to develop not only their understanding, but also their ability to bridge theory to practice regarding practical skills.

Statistical techniques and use of computer-based data analysis is incorporated in a research project and generic ICT skills are developed through a variety of assessment methods. To ensure the currency of the programme content, assessments, where appropriate, will be designed in collaboration with the apprentice's employer. This will support the employability of students and model the importance of research informed practice. A variety of information technologies and virtual learning (e.g. Flip grid) as well as traditional, formative assessment methods will be used including Moodle and MS teams.

This will take place from September to June. For apprentice's, delivery will consist of a one day a week programme, with their practical learning achieved through their on the job training. End point assessment will take place in line with the Sport Coach apprenticeship standard within an eighteen-month period.

• What is the impact of the qualification, inc. employment, progression and other destinations

It is intended that this programme will prepare students for career opportunities and further undergraduate study in a range of areas related to coaching. The learning approach is student centred, allowing individuals to bring their own unique personalities, beliefs and experiences into a framework of progressive development. Students will also be able to work independently and self-sufficiently, a key need in the local area where employers report much of the delivery they undertake can happen remotely.

The programme team will do their utmost to support and facilitate student learning and development to help them achieve their future aspirations. The programme team will do their utmost to support and facilitate student learning and development to help them achieve their future aspirations.

Upon successful completion of the Cert HE students will be able to move into Level 5 of the FdSc Sports Coaching foundation degree. As the CertHE is delivered over 18 months students can progress onto the Level 5 on the following September after their EPA. These students can also progress into employment with their current employer or progress elsewhere in the sector.

Additional career progression and other additional opportunities will be included in tutorials throughout the year. Initial advice and guidance will be provided to individual students who may want to progress to other higher education institutes.

2.5 Relevant external reference points

- Framework for Higher Education Qualification (2014)
- Subject Benchmark Statement Events, Hospitality, Leisure, Sport and Tourism (2019)
- CIMSPA Professional Standards Coach v1.0
- Level 4 Sports Coach Apprenticeship Standard ST0770/ Higher Technical Qualification

Level 4					
Module Code	Module Title	Credits	Year of Delivery*	Semester/Term of Delivery	Core/Optional
UCSD1097	Developing Academic and Professional Skills	20	2022/23	1	Core
UCSD1098	Foundations of Coaching Practice	20	2022/23	1	Core
UCSD1100	Developing Coaching Practice	20	2022/23	2	Core
UCSD1103	Coaching Context,	20	2023/24	1	Core

2.6 Programme Structure

	Culture and Policy				
UCSD1104	Research Project	40	2023/24	2	Core

2.7 **Programme Aims**

The programme will provide:

- Students who can demonstrate knowledge and understanding of coaching and learning and how these can be promoted, encouraged, and enhanced through appropriate intervention and guidance
- 2) Students able to identify the related research and current and emerging theories related to the coaching sector
- Students who can demonstrate a range of academic, personal, practical, vocational, and transferable skills with the ability to communicate and present ideas and information
- Students who self-disciplined and can demonstrate the ability to apply industry standard practice of coaching, communication, teamwork and problem-solving skills in known situations
- 5) Integrate skills and understanding of a range of inter-related factors when applying key principles of coaching to enhance understanding and solve problems within the coaching sector

2.8 **Programme Intended Learning Outcomes**

8.1. Knowledge and understanding

On successful completion graduates should have developed:

- 1) The ability to identify the fundamentals of coaching, showing appreciation and application of these concepts to a specific context
- 2) The ability to explain knowledge and skills which reflect academic developments in the fundamental principles coaching

8.2. Cognitive and intellectual skills

On successful completion graduates should have developed:

- 1) The ability to research and assess subject specific facts, theories, principles and concepts.
- 2) The emerging ability to assess evidence including interpreting data and text to a specific project
- 3) The ability to apply knowledge to the solution of familiar and unfamiliar problems.

8.3. Key and transferable skills

On successful completion graduates should have developed the ability to:

- 1) Present key information using verbal and written communication, presentation, numeracy and ICT skills
- 2) Plan and manage learning; reflecting on practice where appropriate
- 3) Work independently and support others as part of a team when required
- 4) Use problem solving skills where appropriate

8.4. Employment related skills

On successful completion graduates should have developed:

- 1) An identified career pathway and employment opportunities for continuing professional development in coaching
- Reflection skills to provide appropriate strategies for the continued development of their ability to improve the performance of individuals

8.5. Practical skills

On successful completion graduates should have developed:

1) Core coaching competencies including the principles of session planning and management, coaching behaviours and evaluation.

2) Identify improvements from experiential knowledge when planning, designing and executing appropriate sport coaching practical activities using suitable approaches

2.9 Apprenticeship Mapping referring to your indicative sequence of delivery

This approach must be agreed in advance

On programme and end point assessment if required

		Cross reference
	Where it is covered	to CertHE
	in the programme of	Sports
The Sports Coach will be able to:	delivery	Coaching
Knowledge	•	
K1: Coaching philosophies and	On-programme	UCSD1098
professional practice that consider key	taught	UCSD1100
stakeholder needs, sporting contexts	activity/directed self-	
and codes	study and workplace	
	practice	
K2: Professional development planning	On-programme	UCSD1097
methods and self-awareness skills	taught	UCSD1098
training techniques	activity/directed self-	UCSD1100
	study and workplace	
	practice	
K3: Transformational coaching	On-programme	UCSD1098
methods and strategic planning	taught	UCSD1100
techniques	activity/directed self-	
	study and workplace	
	practice	
K4: Organisational vision, strategies,	On-programme	UCSD1103
policies and processes required to	taught	
ensure legal, ethical, effective and	activity/directed self-	
efficient coaching systems. Including	study and workplace	
current health and safety,	practice	

safeguarding, data protection and		
equality laws		
K5: Approaches to organisational	On-programme	UCSD1103
workforce structures that underpin best	taught	
practice and showcase the value of	activity/directed self-	
scope within the coaching team	study and workplace	
	practice	
K6: Coaching team development and	On-programme	UCSD1103
deployment techniques aligned to all	taught	USCD1097
relevant and current legislation, policy,	activity/directed self-	
process, operating standards and	study and workplace	
scopes of practice	practice	
K7: Coaching service delivery	On-programme	UCSD1097
approaches including industry support	taught	UCSD1098
networks and collaborative, cohesive	activity/directed self-	
and competent coaching teams	study and workplace	
	practice	
K8: Curriculum design methods and	On-programme	UCSD1097
coaching pedagogies relevant to the	taught	UCSD1098
participants unique development	activity/directed self-	
needs, the demands of the sport or	study and workplace	
physical activity and the occupational	practice	
environment		
K9: Progressive programme design	On-programme	UCSD1097
and delivery techniques that prioritises	taught	UCSD1098
accessibility, duty of care and	activity/directed self-	
accelerate whole child/person	study and workplace	
development and sport specific skill	practice	
acquisition		
acquisition K10: Progressive programme design	On-programme	UCSD1097
	On-programme taught	UCSD1097 UCSD1098

competition and embed learning	study and workplace	
transfer across situations	practice	
K11: Inclusive coaching techniques	On-programme	UCSD1097
that embed human rights, equality laws	taught	UCSD1098
and conventions to ensure ethical	activity/directed self-	
coaching practice	study and workplace	
	practice	
K12: Chief Medical Officer guidelines,	On-programme	UCSD1103
Public Health England agendas,	taught	
organisational, sport specific and	activity/directed self-	
holistic approaches to wellbeing	study and workplace	
considering stressors relevant to the	practice	
participants context		
K13: Learning theories and skill	On-programme	UCSD1097
acquisition techniques relevant to	taught	UCSD1098
participant's unique development	activity/directed self-	
needs, the demands of the sport and	study and workplace	
occupational environment	practice	
K14: Positive learning environment	On-programme	UCSD1097
attributes and behaviour management	taught	UCSD1098
strategies relevant to the participant's	activity/directed self-	
unique development needs, demands	study and workplace	
of the sport and the occupational	practice	
environment		
K15: Developments in learning	On-programme	UCSD1097
resources including technological	taught	UCSD1098
advancements and wider industry	activity/directed self-	
support mechanisms that maximise	study and workplace	
engagement, development and	practice	
performance gains		
K16: Methods to measure the impact of	On-programme	UCSD1097
the coaching strategies though analysis	taught	UCSD1098
of key indicators from participant,	activity/directed self-	

coach, coaching team and	study and workplace	
organisational perception and	practice	
performance data		
K17: UK sport and sport specific	On-programme	UCSD1103
strategies, global data, trends and	taught	
contemporary issues in high	activity/directed self-	
performance sport, including social,	study and workplace	
economic, educational and	practice	
technological influences		
K18: UK sport guidelines, high-	On-programme	UCSD1103
performance sport stakeholders,	taught	
organisational context, culture, codes,	activity/directed self-	
direction and politics that influence	study and workplace	
coaching processes	practice	
K19: Profiling and enquiry methods	On-programme	UCSD1097
designed to measure bio-psycho-social	taught	
attributes and inform whole person	activity/directed self-	
optimisation planning	study and workplace	
	practice	
K20: Profiling and enquiry methods	On-programme	UCSD1097
designed to measure sport specific	taught	
technical and tactical attributes and	activity/directed self-	
inform sustainable development and	study and workplace	
high-performance goals	practice	
K21: Session planning techniques that	On-programme	UCSD1097
consider high performance	taught	UCSD1098
athlete's/player's unique needs, goals	activity/directed self-	
and curriculum plans	study and workplace	
	practice	
K22: Session preparation techniques	On-programme	UCSD1097
including resource organisation, event	taught	UCSD1098
risk assessment and safe operating	activity/directed self-	

procedures in line with high	study and workplace	
performance sport policy	practice	
K23: Session delivery and adaptation	On-programme	UCSD1097
techniques that motivate high	taught	UCSD1098
performance players/athletes through	activity/directed self-	
tailored coaching and communication	study and workplace	
methods for maximum impact	practice	
K24: Session evaluation methods that	On-programme	UCSD1097
measure sustainable development and	taught	UCSD1098
performance gains to shape future	activity/directed self-	
plans as part of the continuous enquiry	study and workplace	
cycle	practice	
K25: Methods to measure the impact	On-programme	UCSD1097
of the coaching practice on the	taught	UCSD1098
national and international positioning of	activity/directed self-	
the sport by comparing athlete/player	study and workplace	
results against national and	practice	
international benchmarks		
K26: Sport England Professional	On-programme	UCSD1103
Workforce Strategies, social change	taught	
agendas, national trends on national	activity/directed self-	
physical activity participation, local	study and workplace	
data and contemporary influences	practice	
K27: Community initiative or club	On-programme	UCSD1103
context, culture, stakeholders, Sport	taught	
England Coaching Plan, sport specific	activity/directed self-	
codes, geographic infrastructure and	study and workplace	
networks that influence coaching	practice	
pedagogy and processes effectiveness		
K28: Profiling and enquiry methods	On-programme	UCSD1097
designed to measure whole	taught	UCSD1098
child/person development dimensions	activity/directed self-	

considering cognitive, social, emotional	study and workplace	
and physiological capabilities	practice	
K29: Profiling and enquiry methods	On-programme	UCSD1097
designed to measure participant	taught	UCSD1098
motives, behavioural norms,	activity/directed self-	
psychomotor skills, technical and	study and workplace	
tactical awareness in specific sport and	practice	
physical activity contexts to enable		
process goals to be agreed		
K30: Session planning techniques that	On-programme	UCSD1097
consider each participant unique	taught	UCSD1098
motives, access and development	activity/directed self-	
needs, goals and seasonal plans	study and workplace	
	practice	
K31: Session preparation techniques	On-programme	UCSD1097
including resource organisation, event	taught	UCSD1098
risk assessment and safe operating	activity/directed self-	
procedures in line with community	study and workplace	
organisation health and safety policy	practice	
K32: Session delivery and adaptation	On-programme	UCSD1097
techniques including tailored coaching	taught	UCSD1098
and targeted communication methods	activity/directed self-	
for maximum impact on long-term	study and workplace	
engagement and enrichment	practice	
K33: Session evaluation methods that	On-programme	UCSD1097
measure engagement, enrichment and	taught	UCSD1098
whole child/person development	activity/directed self-	
dimensions to shape future plans as	study and workplace	
part of the continuous enquiry cycle	practice	
K34: Methods to measure the impact	On-programme	UCSD1097
of coaching practice on social change	taught	UCSD1098
associated with access, participation,	activity/directed self-	
performance, equality and wellbeing by		
	l	I]

comparing results against local and	study and workplace	
national benchmarks	practice	
K35: National trends in education, the	On-programme	UCSD1093
Department for Education strategies,	taught	
Statutory Guidelines, DfE, National	activity/directed self-	
Curriculum the Ofsted Education	study and workplace	
Inspection Framework and the	practice	
educational paradigm shift		
K36: School stakeholders, context,	On-programme	UCSD1093
category, strategies, culture and codes	taught	
that influence coaching pedagogy and	activity/directed self-	
process effectiveness	study and workplace	
	practice	
K37: Profiling and enquiry methods	On-programme	UCSD1097
designed to measure whole child	taught	UCSD1098
development dimensions considering	activity/directed self-	
cognitive, social, emotional and	study and workplace	
physiological stages of development	practice	
K38: Profiling and enquiry methods	On-programme	UCSD1097
designed to measure psychomotor,	taught	UCSD1098
technical and tactical skills in physical	activity/directed self-	
activity contexts drawn from the	study and workplace	
Department for Education National	practice	
Curriculum and enable physical		
education targets to be agreed		
K39: Session planning techniques that	On-programme	UCSD1097
consider each child's unique pro36le,	taught	UCSD1098
development needs, educational	activity/directed self-	
targets, and curriculum plans	study and workplace	
	practice	
K40: Session preparation techniques	On-programme	UCSD1097
including resource organisation, event	taught	UCSD1098
risk assessment and safe operating	activity/directed self-	

procedures in line with school health	study and workplace	
and safety policy	practice	
K41: Session delivery and adaptation	On-programme	UCSD1097
techniques that inspire children though	taught	UCSD1098
tailored coaching and communication	activity/directed self-	
methods for maximum impact	study and workplace	
	practice	
K42: Session evaluation methods that	On-programme	UCSD1097
prioritise children's mastery of physical	taught	UCSD1098
education standards, psychomotor	activity/directed self-	
skills and whole child development and	study and workplace	
shape future plans as part of the	practice	
continuous enquiry cycle		
K43: Methods to measure and	On-programme	UCSD1097
evaluate the impact of coaching	taught	UCSD1098
practice on school standards by	activity/directed self-	
comparing childron's results against	atudy and workplace	
comparing children's results against	study and workplace	
local and national benchmark	practice	
local and national benchmark		UCSD1098
local and national benchmark Skills	practice	UCSD1098 UCSD1100
local and national benchmark Skills S1: Influence key stakeholders in the	practice On-programme	
local and national benchmark Skills S1: Influence key stakeholders in the sporting context through own coaching	practice On-programme taught	
local and national benchmark Skills S1: Influence key stakeholders in the sporting context through own coaching	practice On-programme taught activity/directed self-	
local and national benchmark Skills S1: Influence key stakeholders in the sporting context through own coaching	practice On-programme taught activity/directed self- study and workplace	
local and national benchmark Skills S1: Influence key stakeholders in the sporting context through own coaching philosophy and professional practice	practice On-programme taught activity/directed self- study and workplace practice	UCSD1100
local and national benchmark Skills S1: Influence key stakeholders in the sporting context through own coaching philosophy and professional practice S2: Enhance coaching competencies	practice On-programme taught activity/directed self- study and workplace practice On-programme	UCSD1100 UCSD1097
local and national benchmark Skills S1: Influence key stakeholders in the sporting context through own coaching philosophy and professional practice S2: Enhance coaching competencies and inter-intra-personal skills through	practice On-programme taught activity/directed self- study and workplace practice On-programme taught	UCSD1100 UCSD1097 UCSD1098
local and national benchmark Skills S1: Influence key stakeholders in the sporting context through own coaching philosophy and professional practice S2: Enhance coaching competencies and inter-intra-personal skills through continued professional development	practice On-programme taught activity/directed self- study and workplace practice On-programme taught activity/directed self-	UCSD1100 UCSD1097 UCSD1098
local and national benchmark Skills S1: Influence key stakeholders in the sporting context through own coaching philosophy and professional practice S2: Enhance coaching competencies and inter-intra-personal skills through continued professional development	practice On-programme taught activity/directed self- study and workplace practice On-programme taught activity/directed self- study and workplace	UCSD1100 UCSD1097 UCSD1098
local and national benchmark Skills S1: Influence key stakeholders in the sporting context through own coaching philosophy and professional practice S2: Enhance coaching competencies and inter-intra-personal skills through continued professional development and self-awareness skills training	practice On-programme taught activity/directed self- study and workplace practice On-programme taught activity/directed self- study and workplace practice	UCSD1100 UCSD1097 UCSD1098 UCSD1100
local and national benchmark Skills S1: Influence key stakeholders in the sporting context through own coaching philosophy and professional practice S2: Enhance coaching competencies and inter-intra-personal skills through continued professional development and self-awareness skills training S3: Develop transformational coaching	practice On-programme taught activity/directed self- study and workplace practice On-programme taught activity/directed self- study and workplace practice On-programme	UCSD1100 UCSD1097 UCSD1098 UCSD1100 UCSD1098
local and national benchmark Skills S1: Influence key stakeholders in the sporting context through own coaching philosophy and professional practice S2: Enhance coaching competencies and inter-intra-personal skills through continued professional development and self-awareness skills training S3: Develop transformational coaching strategies and tactics that consider	practice On-programme taught activity/directed self- study and workplace practice On-programme taught activity/directed self- study and workplace practice On-programme taught	UCSD1100 UCSD1097 UCSD1098 UCSD1100 UCSD1098

	study and workplace	
	practice	
S4: Comply with legal, ethical, effective	On-programme	UCSD1103
and efficient coaching systems that		00001103
	taught	
align to the organisational vision,	activity/directed self-	
strategies, policies and processes	study and workplace	
	practice	
S5: Promote the value of the coaching	On-programme	UCSD1103
team considering workforce structures	taught	
and scopes including support staff,	activity/directed self-	
coaches, coaching assistants, and	study and workplace	
volunteers	practice	
S6: Facilitate the development of the	On-programme	UCSD1103
coaching team through due diligence,	taught	USCD1097
inductions, development and	activity/directed self-	
performance monitoring	study and workplace	
	practice	
S7: Deliver effective coaching services	On-programme	UCSD1097
through industry support networks and	taught	UCSD1098
a collaborative, cohesive and	activity/directed self-	
competent coaching team	study and workplace	
	practice	
S8: Design high quality curriculum that	On-programme	UCSD1097
considers participants' unique profiles,	taught	UCSD1098
promotes ownership and informs	activity/directed self-	
micro, meso and macro plans as	study and workplace	
relevant to the sporting context	practice	
S9: Designs and delivers progressive	On-programme	UCSD1097
programmes and selects coaching	taught	UCSD1098
pedagogies that maximise	activity/directed self-	
engagement, whole child/person	study and workplace	
development and accelerates	practice	
sustainable skill acquisition		
	1	

S10: Delivers safe and effective	On-programme	UCSD1097
coaching support to participants in	taught	UCSD1098
practice, at events or competitions and	activity/directed self-	
influences learning and skill transfer	study and workplace	
across situations	practice	
S11: Embrace each participants	On-programme	UCSD1097
uniqueness, their rights and advocates	taught	UCSD1098
fairness, equality and diversity within	activity/directed self-	
the coaching environment	study and workplace	
	practice	
S12: Promote holistic wellbeing to	On-programme	UCSD1103
control/contain stressors experienced	taught	
by participants in their own context and	activity/directed self-	
environment	study and workplace	
	practice	
S13: Facilitate participant development	On-programme	UCSD1097
by applying learning theory and skill	taught	UCSD1098
acquisition techniques relevant to	activity/directed self-	
participants needs, sport specific	study and workplace	
demands and context	practice	
S14: Facilitate participant development	On-programme	UCSD1097
and skill acquisition through positive	taught	UCSD1098
learning environments and behaviour	activity/directed self-	
management strategies	study and workplace	
	practice	
S15: Facilitate participant development	On-programme	UCSD1097
and skill acquisition through	taught	UCSD1098
technological advancements and wider	activity/directed self-	
industry support mechanisms	study and workplace	
	practice	
S16: Measure the impact of the	On-programme	UCSD1097
coaching strategies though analysis of	taught	UCSD1098
participant, coach, coaching team and	activity/directed self-	

performance datapracticeS17: Proactively responds to global trends, strategies, and contemporary issues in high performance sport to ensure best practice in coachingOn-programme taught activity/directed self- study and workplace practiceUCSD1103S18: Embrace the high-performance context, culture, organisational direction, and codes to deliver effective coaching processesOn-programme taught activity/directed self- study and workplace practiceUCSD1103S19: Profile athletes or players to measure bio-psycho-social attributes and inform whole person optimisationOn-programme taught activity/directed self- study and workplace practiceUCSD1097S20: Profile athlete/players to measure sport specific technical and tactical attributes and inform sustainable goalsOn-programme taught activity/directed self- study and workplace practiceUCSD1097S21: Plan sessions that consider high performance athlete's/player's unique needs, goals, curriculum, progressive schedulesOn-programme taught activity/directed self- study and workplace practiceUCSD1097 UCSD1097 UCSD1097 UCSD1098S22: Prepare for sessions by organising resources, conducting event risk assessment and ensures safe operating procedures in line withOn-programme taught activity/directed self- study and workplace practiceUCSD1097 UCSD1097 UCSD1098			[]
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safe operating procedures in line with study and workplace	organising resources, conducting	taught	UCSD1098
	event risk assessment and ensures	activity/directed self-	
high performance sport policy practice	safe operating procedures in line with	study and workplace	
	high performance sport policy	practice	

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S23: Deliver safe, inclusive sessions	On-programme	UCSD1097
and makes adaptations in the moment	taught	UCSD1098
to accelerate development and	activity/directed self-	
maximise performance gains through	study and workplace	
relevant coaching and communication	practice	
methods		
S24: Evaluate sessions to monitor	On-programme	UCSD1097
sustainability of athlete/player	taught	UCSD1098
development and performance gains to	activity/directed self-	
shape future plans as part of the	study and workplace	
continuous enquiry cycle	practice	
S25: Measure the impact of the	On-programme	UCSD1097
coaching practice on the national and	taught	UCSD1098
international positioning of the sport by	activity/directed self-	
comparing athlete or player results	study and workplace	
against national and international	practice	
benchmarks		
S26: Proactively responds to sector	On-programme	UCSD1103
strategies, social change agendas,	taught	
national and local trends in physical	activity/directed self-	
activity participation and contemporary	study and workplace	
influences	practice	
S27: Embrace the community	On-programme	UCSD1103
category, context, culture, codes,	taught	
stakeholders and public sector duty to	activity/directed self-	
deliver effective coaching pedagogies	study and workplace	
and processes	practice	
S28: Pro41le participants to measure	On-programme	UCSD1097
whole child/person development	taught	UCSD1098
dimensions considering cognitive,	activity/directed self-	
social, emotional and physiological	study and workplace	
capabilities	practice	

S29: Pro42le participants motives,	On-programme	UCSD1097
behavioural norms, psychomotor skills,	taught	UCSD1098
technical and tactical awareness in	activity/directed self-	
community sport and physical activity	study and workplace	
contexts to enable goals to be agreed	practice	
S30: Plan targeted and accessible	On-programme	UCSD1097
sessions that consider each	taught	UCSD1098
participant's unique motives,	activity/directed self-	
development needs, goals and	study and workplace	
seasonal plans	practice	
S31: Prepare for sessions by	On-programme	UCSD1097
organising resources, conducting	taught	UCSD1098
event risk assessment and ensures	activity/directed self-	
safe operating procedures in line with	study and workplace	
community organisation health and	practice	
safety policy		
S32: Deliver safe and inclusive and	On-programme	UCSD1097
effective sessions and makes	taught	UCSD1098
adaptations in the moment to engage	activity/directed self-	
and enrich participants though tailored	study and workplace	
coaching and targeted communication	practice	
methods for maximum impact		
S33: Evaluate sessions to monitor	On-programme	UCSD1097
engagement, enrichment and whole	taught	UCSD1098
child/person development dimensions	activity/directed self-	
to shape future plans as part of the	study and workplace	
continuous enquiry cycle	practice	
S34: Measure the impact of coaching	On-programme	UCSD1097
practice on social change associated	taught	UCSD1098
with access, participation,	activity/directed self-	
performance, equality and wellbeing by	study and workplace	
	practice	
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comparing results against local and		
national benchmarks		
S35: Proactively responds to national	On-programme	UCSD1093
trends in education standards,	taught	
paradigm shifts, strategies and	activity/directed self-	
contemporary influences in school and	study and workplace	
physical education	practice	
S36: Embrace the school category,	On-programme	UCSD1093
context, culture, codes, stakeholders,	taught	
and statutory guidelines to deliver	activity/directed self-	
effective coaching pedagogies and	study and workplace	
processes	practice	
S37: Profile whole child development	On-programme	UCSD1097
dimensions considering cognitive,	taught	UCSD1098
social, emotional and physiological	activity/directed self-	
stages of development	study and workplace	
	practice	
S38: Pro43le children's psychomotor,	On-programme	UCSD1097
technical and tactical skills in physical	taught	UCSD1098
activity contexts drawn from the DfE	activity/directed self-	
National Curriculum to enable physical	study and workplace	
education targets to be agreed	practice	
S39: Plan safe, inclusive and effective	On-programme	UCSD1097
sessions that consider each child's	taught	UCSD1098
unique development needs,	activity/directed self-	
educational targets and curriculum	study and workplace	
plans	practice	
S40: Prepare for sessions by	On-programme	UCSD1097
organising resources, conducting	taught	UCSD1098
event risk assessment and ensures	activity/directed self-	
safe operating procedures in line with	study and workplace	
school health and safety policy	practice	

S41: Delivers safe, inclusive and	On-programme	UCSD1097
effective sessions and makes	taught	UCSD1098
necessary adaptations to develop	activity/directed self-	
children's psychomotor skill mastery	study and workplace	
though tailored coaching and	practice	
communication methods for maximum		
impact		
S42: Evaluate sessions to monitor	On-programme	UCSD1097
children's mastery of physical	taught	UCSD1098
education standards, psycho motor	activity/directed self-	
skills and whole child development to	study and workplace	
shape plans as part of the continuous	practice	
enquiry cycle		
S43: Measure and evaluates the	On-programme	UCSD1097
impact of coaching practice on school	taught	UCSD1098
standards by comparing children's	activity/directed self-	
results against local and national	study and workplace	
benchmarks	practice	

2.10 Admissions Criteria, including APCL, APEL and DAS arrangements

NB The following table is a draft exemplar for an undergraduate programme

Entry Requirements for *enter qualification title*						
A-level/AS-level	Normal minimum entry requirements are 48 UCAS points at A- level					
T Level						
BTEC National Diploma/QCF Extended Diploma	Normal minimum entry requirements are 48 UCAS points					
Access to Higher Education at level 3	Normal minimum entry requirements are 48 UCAS points, with a minimum of 24 credits at Merit					
Welsh Baccalaureate	Normal minimum entry requirements are 48 UCAS points					

Scottish Qualifications Authority	Normal minimum entry requirements are 48 UCAS points, from Scottish Advanced Highers					
Irish Leaving Certificate	Normal minimum entry requirements are 48 UCAS points, from Higher Level, and Ordinary Level Grade C Maths and English					
International	Normal minimum entry requirements are 48 UCAS points, from Higher Level,					
Baccalaureate	If overseas and not studying English within IB, must have IELTS 6.0 overall with 5.5 in all other elements.					
Work Experience	Students will need to show evidence of previous work experience as a sports coach. This could be through a variety of examples such as video, assessments or NGB qualifications.					
Interviews	Interviews for the course may be required where students do not have the necessary qualifications but may show other non- traditional learning (e.g. significant experience within the industry or additional vocational qualifications).					
DBS requirements	5					
Whilst a DBS is not a requirement to join the course, students may need to apply for one to begin employment as an apprentice. The cost of this is usually covered by the employer. In addition, it is common for many roles in the sector that a DBS is required for employment. For potential apprentices who do not believe they may be able to attain one they should factor this into their decision making when considering this course.						

2.11 Non Standard Regulations

The programme requires nonstandard regulations of a 10 and 50 credit module

2.12 Transitional Arrangements

Upon successful completion of the Cert HE students will be able to move into Level 5 of the FdSc Sports Coaching foundation degree. As the CertHE is delivered over 18 months students can progress onto the Level 5 on the following September after their EPA. These students can also progress into employment with their current employer or progress elsewhere in the sector.

If there is a suitable demand it is possible an in year start maybe considered.

Appendices Programme Specification Mapping (UG) – core/elective modules Assessment Reading Lists Appendix 1: Programme Specification Mapping (UG): module contribution to the meeting of Award Learning Outcomes CORE MODULES: tick those Award Learning Outcomes the module contributes to through its assessed learning outcomes. Insert rows and columns as required.

Core	e Modules	Aw	ard L	earn	ing C	outco	mes	contr	ibute	ed to	(for r	nore	infor	matio	on se	e Se	ection	8)				Compensation Assessment Element(s) a			
				dge 8 andin			gnitiv ellecti	e & ual sł	kills	Key trar skil	nsfera	able			ployi ated :			Pra	ctica	l skill:	S	Y/N	weightings [use KIS definition] E1- exam E2- clinical exam		
		1	2	3		1	2	3	4	1	2	3	4	1	2	3	4	1	2	3			E2 – clinical exam T1- test C1- coursework A1 – generic assessment P1 - practical		
Level	UCSD1097 – Developing Academic and Professional Skills			х		х		х		х	х	х	x	x	х	x	х	х	х			Y	C1 – 100%		
el 4	UCSD1098 – Foundations of Coaching Practice	x	х	x		х	х	х	х	x	х	х	x			x	х	х	х	х		Y	C1 – 50% P1 – 50%		
	UCSD1100 – Developing Coaching Practice	x	x			x	x	x	x	x	x	x	x				x	x	x	x		N	C1 – 60% P1 – 40% P2 – P/F		
	UCSD1103 – Context, Culture and Policy	х	х			х		х		х						х	х					Y	P1-100%		
	UCSD1104 – Research Project		х	x		х	х	х	х	х	х		х			х	х					Y	C1 – 80% P1 – 20%		
Leve	4 LOs																								

Module	Level	Credits	C - core	Award Learning Outcomes (for more information see Section 8 of the Programme Specification)
Title			E - elective	Please map where a module does one or more of the following:
				I – ALO is introduced

				A –AL																		
				8.1 Kn unders			8.2 C intell				8.3 K trans		le ski	lls	8.4 Employment related skills		8.5 Practical skills		kills			
				1	2	3	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	
UCSD1097 – Academic and Professional Skills	4	20	С			I	I/A		I/A		I/A	I/A	I	I/A	I/A	I	I/A	I/A	I	I/A		
UCSD1098 – Foundations of Coaching Practice	4	20	С	I/A	I/A	I/A	I/A	I/A	I/A	Ι	I/A	I/A	I/A	I/A			I	A	I/A	I/A	Ι	
UCSD1100 – Developing Coaching Practice	4	20	С	I/A	I/A		A	I/A	I/A	I/A	A	I/A	Ι	I/A				I/A	I/A	I/A	I/A	
UCSD1103 – Context, Culture and Policy	4	20	С	I/A	A		A		A		A						I/A	I/A				
UCSD1104 – Research Project	4	20	С		I/A	I/A	I/A	I/A	I/A	A	A	A		A			Ι	A				

Module Code	Module Name	Mode of Assessment	Submission Date
Level 4:			
UCSD1097	Developing Academic and Professional Skills	Coursework	31/10/22
UCSD1097	Developing Academic and Professional Skills	Practical	12/02/22
UCSD1098	Foundations of Coaching Practice	Coursework	28/11/22
UCSD1098	Foundations of Coaching Practice	Coursework	16/01/23
UCSD1110	Developing Coaching Practice	Coursework	24/04/23
UCSD1110	Developing Coaching Practice	Practical	05/06/23
UCSD1103	Context, Culture and Policy	Practical	24/11/24
UCSD1104	Research Project	Coursework	29/04/24

3. Reading Lists

(Please insert an * if a resource is available electronically)

Year 1	UCSD1097	UCSD1098	UCSD1100	UCSD1103	UCSD1104
Core (2 resource s)	Pears R & Shields G (2022), Cite Them Right: The Essential Referencing Guide (12th Edition), Palgrave MacMillan		Lyle, J. & Cushion, C. (2017) Sports Coaching Concepts (2 nd ed.) Routledge: London		North, J. (2017) Research and Practice for Sport Coaching. Oxon, Routledge
	Hopkins, D. & Reid, T. (2018) The Academic Skills Handbook: Your Guide to Success in Writing, Thinking and Communicating at University (Student Success) London: Sage	(2016) Learning in Sports Coaching	Cope, E., & Partington, M. (2020) Sports Coaching: A Theoretical and Practical Guide		Jones, I. (2022) <i>Research Methods for Sports Studies (4th Ed),</i> Oxon: Routledge
	-	Skill Acquisition: A Ecological	Armour, K. (2011) Sport Pedagogy: An Introduction for Teaching and Coaching: Routledge.		Gratton, C. & Jones, I. (2014) Research Methods for Sports Studies. Oxon, Routledge
	Burns, T., and Sinfield, S. (2012). Essential Study Skills: The Complete Guide to Success at University. (3rd ed.). Sage	and Performance of Sports Skills,	Martens, R. (2012). <i>Successful coaching</i> . 1st ed. Human Kinetics. (Leeds)		Nelson, L., Groom, R. & Potrac, P. (2014) (Research Methods in Sports Coaching (1st ed.). Routledge.
	Greetham, B. (2013). <i>How to Write Better Essays</i> (3rd ed.). Palgrave Macmillan.	Martens, R. (2012).	Potrac, P., Jones, R., Cassidy, T. G. (2009). <i>Understanding Sports Coaching.</i> London: Routledge.		CIMPSA professional standards https://www.cimspa.co.uk/matrix- detail

	Bedford, D., and Wilson, E. (2013). <i>Study Skills for Foundation Degrees</i> (2nd ed.). Abingdon: Routledge	Schmidt, RA. and Lee, T.D. (2011): Motor Control And Learning: A Behavioural Emphasis. Rev. 5th ed. Leeds: Human Kinetics	Lyle, J. & Cushion, C. (2010) Sports Coaching, Professionalism and Practice. Churchill Livingstone: Elsevier		
Journals	Educational Action Research	International Journal of Sports Coaching	International Journal of Sports Coaching	International Journal of Sports Coaching	International Journal of Sports Coaching
	Patient Education and Counselling	Cushion, C. (2007) 'Modelling the complexities of the coaching process', International Journal of Sports Science and Coaching , 2 (4): 395–401	Sports Coaching Review	Sport Coaching Review	Sport Coaching Review
	Reflective Practice	Cushion, C.J., Armour, K.M. and Jones, R.L. (2006) 'Locating the coaching process in practice: models "for" and "of" coaching', Physical Education and Sport Pedagogy , 11 (1): 83–99.	Journal of Physical Education and Sport Pedagogy		
	Teaching and Teacher Education	Lyle, J. (2007) 'Modelling the complexity of the coaching process: a commentary', International Journal of Sports Science and Coaching, 2 (4): 407–409.			
		Sports Coaching Review			
Other	www.prospects.ac.uk	www.ukcoaching.org	www.ukcoaching.org	www.ukcoaching.org	
resourc es	http://www.bized.ac.uk	UK Coaching Framework https://www.ukcoaching.org/sites	CIMPSA professional standards https://www.cimspa.co.uk/matrix- detail	UK Coaching Framework https://www.ukcoaching.org/sites	

	/default/files/CDM%20User%20Gu	/default/files/CDM%20User%20Gu	
	ide_0.pdf	ide_0.pdf	
http://www.statistics.gov.uk	CIMPSA professional standards	CIMPSA professional standards	
	https://www.cimspa.co.uk/matrix-	https://www.cimspa.co.uk/matrix-	
	<u>detail</u>	<u>detail</u>	
http://www.dti.gov.uk			

4. Module Records

South Devon College Module Record

<u>SECTION A: DEFINITIVE MODULE RECORD</u>. Proposed changes must be submitted via the HE Faculty Office Procedures for approval and issue of new module code.

MODULE CODE: UCSD1097	MODULE TITLE: Developing A	cademic and Professional Skills
CREDITS: 20	FHEQ LEVEL: 4	HECOS CODE: 100097 sports
		management
PRE-REQUISITES: None	CO-REQUISITES: None	COMPENSATABLE: Y

SHORT MODULE DESCRIPTOR: (400 characters)

This module is designed to enable students to develop the skills needed to succeed in their academic and professional practice during their time on programme and beyond. Students will also undertake work placement to reflect on their ability to bridge theory and practice in their own development.

E1 (Examination)	C1 (Coursework)	100%	P1 (Practical)	
(
E2 (Clinical	A1 (Generic		P2 (Practical)	
Examination)	assessment)			
T1 (Test)	O1 (online time-			
	limited			
	assessment)			

ELEMENTS OF ASSESSMENT see Definitions of Elements and Components of Assessment

SUBJECT ASSESSMENT PANEL to which module should be linked: FdSc Sports Coaching and Fitness

Professional body minimum pass mark requirement: NA

MODULE AIMS:

This module aims to develop students understanding of research and practice within degree level study and becoming autonomous learners at HE level. It aims to cover aspects such as study skills and develop key practical skills that are relevant to their career development and practice. To enable students to demonstrate an approach to their practice that is informed by up to date and relevant theoretical perspectives.

ASSESSED LEARNING OUTCOMES: (additional guidance below; please refer to the Programme Specification for relevant award/ programme Learning Outcomes).

Assessed Module Learning Outcomes	Award/ Programme Learning Outcomes
	contributed to

Notes:

Additional Guidance for Learning Outcomes:

To ensure that the module is pitched at the right level check your intended learning outcomes against the following nationally agreed standards

- Framework for Higher Education Qualifications
 <u>http://www.qaa.ac.uk/docs/qaa/quality-code/qualifications-frameworks.pdf</u>
- Subject benchmark statements https://www.qaa.ac.uk/quality-code/subject-benchmark-statements
- Professional, regulatory and statutory (PSRB) accreditation requirements (where necessary e.g. health and social care, medicine, engineering, psychology, architecture, teaching, law)
- QAA Quality Code <u>https://www.qaa.ac.uk/quality-code</u>

Items in this section must be considered annually and amended as appropriate, in conjunction with the Module Review Process. <u>Some parts of this page may be used in the KIS return and published on the extranet as a guide for prospective students.</u> Further details for current students should be provided in module guidance notes.

ACADEMIC YEAR: 2022/23 MODULE LEADER: Mike George NATIONAL COST CENTRE: 108 OTHER MODULE STAFF:

Summary of Module Content

Academic Writing

- Higher level academic writing regulations and standards
- Referencing
- Researching source quality and locations

Professional Skills

- Questioning types and applications to gain participant feedback and enable customer service
- Discussion types and applications to gain participant feedback and enable customer service
- Interviews types and applications to gain participant feedback and enable customer service
- Listening active and passive, types, and applications to gain participant feedback and enable customer service
- Communication open and closed, verbal and non-verbal, types and applications

SWOT analysis

- Professional Development plans
- Appropriate CPD

Reflection Models

- Self-awareness
- Dewey introduction and basis
- Schon reflection in action and reflection on action
- Kolb model of Reflection
- Gibbs reflective model
- Brookfield becoming critically reflective

Feedback

- Feedback cycle
- Impact of coach or instructor on participant experience
- Using models to develop practice based on feedback

Work Based Learning

- Overview of organisations structure, vision and aims
- Deployment of workforce
- Legal, ethical, health and safety operating procedures
- Safeguarding and data protection
- Participant journey within organisation
- Responsibilities within role
- Customer Service expectations
- Retention and recruitment of participants
- Relevant legislation, policy and practice
- Support networks

Scheduled Activities	Hours	Comments/Additional Information (briefly explain activities, including formative assessment opportunities)
Lecturers	30	2 hours a week for 15 weeks
Seminars	15	1 hour a week for 15 weeks
Work based learning	20	Work-based setting
Guided Independent	135	Directed weekly reading, moodle based tasks, and
Study		assessment development/revision.
Total	200	(NB: 1 credit = 10 hours of learning; 20 credits = 200 hours,
		etc.)

SUMMATIVE ASSESSMENT

Element Category	Component Name	Component Weighting
	Literature Review (LO1) – Review on Sports Coaching or Fitness Current Issue (1500 words)	35%
Coursework	Portfolio (LO1, LO3, LO4) - Methods of Reflection, self-reflection, SWOT & WBL tasks (2500 words)	65%
		100%

Element Category	Component Name	Component Weighting
	Literature Review (LO1) – Review on Sports Coaching or Fitness Current Issue (1500 words)	35%
Coursework	Portfolio (LO1, LO3, LO4) - Methods of Reflection, self- reflection, SWOT & WBL tasks (2500 words)	65%
		100%

To be completed when presented for Minor Change approval and/or annually updated		
Updated by: Mike George	Approved by: Ben Roper	
Date: 14/02/2022	Date: 14/02/2022	

South Devon College Module Record

SECTION A: DEFINITIVE MODULE RECORD.

MODULE CODE: UCSD1098	MODULE TITLE: Foundations of Coaching	
CREDITS: 20	FHEQ LEVEL: 4 HECOS CODE: 100095 spo	
		coaching
PRE-REQUISITES: None	CO-REQUISITES: None	COMPENSATABLE: Y

SHORT MODULE DESCRIPTOR: (400 characters)

This module has been designed to develop learners' awareness of skill acquisition/ learning and the role this plays within coaching. This module is designed to provide underpinning theories to enable students to apply this knowledge to practical situations as a coach in the future.

ELEMENTS OF ASSESSMENT see Definitions of Elements and Components of Assessment				
E1 (Examination)	C1 (Coursework)	50%	P1 (Practical)	50%
E2 (Clinical	A1 (Generic		P2 (Practical)	
Examination)	assessment)			
T1 (Test)	O1 (online time-			
	limited			
	assessment)			

SUBJECT ASSESSMENT PANEL to which module should be linked: FdSc Sports Coaching and Fitness

Professional body minimum pass mark requirement: NA

MODULE AIMS:

To enable learners to understand, describe and examine how individuals learn and acquire skill within sporting environments. Learners will look at this within the context of the coaching process and how this links to skill development. Learners will be encouraged to apply theoretical concepts to practical situations. Many of the key theoretical concepts can be supported by practical and experimental work. Learners will also describe the importance of inclusive practice and how this can impact participants

ASSESSED LEARNING OUTCOMES:

Assessed Module Learning Outcomes	Award/ Programme Learning Outcomes contributed to
LO1: Investigate and explain coaching philosophies to develop your own practice LO2: Describe the importance of inclusive practice within coaching LO3: Discuss current research and practice in skill learning and development and its application sport and exercise. LO4: Explain teaching and learning strategies that can be employed within coaching	KU – 1,3 CIS – 1,2,3,4 KTS – 1,2,3,4 ERS – 4 PS – 1,2

DATE OF APPROVAL : 26/04/2022	AWARDING BODY: South Devon College	
DATE OF IMPLEMENTATION: 21/09/2022	SEMESTER: Semester 1	
DATE(S) OF APPROVED CHANGE: XX/XX/XXXX		

Items in this section must be considered annually and amended as appropriate, in conjunction with the Module Review Process. <u>Some parts of this page may be used in the KIS return and published on the extranet as a guide for prospective students.</u> Further details for current students should be provided in module guidance notes.

ACADEMIC YEAR: MODULE LEADER:

NATIONAL COST CENTRE: 108 OTHER MODULE STAFF:

Summary of Module Content

Coaching Philosophies

- Importance
- Continual development
- Impact of whole coaching process
- Characteristics of skilled performance
- Skill classification systems
- Motor control, motor learning and motor development
- Perception
- Factors influencing reaction time
- Memory and selective attention
- Information Processing Theories
- Ecological Approaches/ Dynamic Systems
- Open and Closed Loop control systems
- Stages of learning / Transfer of learning; Learning theories
 - Behavioural
 - Experiential
 - Observational
 - Constructivist

Curriculum Planning

- Planning formal learning
- Subject/ learner/ problem centred
- Spiral
- Scaffolded
- Progressive

Welfare of participants

- The person human rights, equality, engage and support
- Inclusive coaching environments behaviour management
- Duty of care preparing for activities, ethical practice
- Specific equipment
- Safe systems of work
- Personal safety/ Hazards
- •
- Teamwork
- Communication
- Stakeholders

Qualitative methods of investigation – interviews and observations

Scheduled Activities	Hours	Comments/Additional Information (briefly explain activities, including formative assessment opportunities)
Lectures	22.5	1.5hrs per week for 15 weeks
Seminars	22.5	1.5hrs per week for 15 weeks
Practical	15	1hr per week for 15 weeks
Guided Independent Study	140	Directed weekly reading, moodle based tasks, and assessment development/revision.
Total	200	(NB: 1 credit = 10 hours of learning; 20 credits = 200 hours, etc.)

SUMMATIVE ASSESSMENT

Element Category	Component Name	Component Weighting
Coursework	Essay (LO3, LO4) – Explain how learning works and teaching and learning strategies to achieve this (2000 words)	100%
Practical	Professional Discussion (LO1, LO2) – what is your philosophy as a coach and how can you be inclusive?	100%

Element Category	Component Name	Component Weighting
Coursework	Essay (LO3, LO4) – Explain how learning works and teaching and learning strategies to achieve this (2000 words)	100%
Practical	Professional Discussion (LO1, LO2) – what is your philosophy as a coach and how can you be inclusive?	100%

To be completed when presented for Minor Change approval and/or annually updated		
Updated by: Ben Roper	Approved by: Mike George	
Date: 14/02/2022	Date: 14/02/2022	

South Devon College Module Record

<u>SECTION A: DEFINITIVE MODULE RECORD</u>. Proposed changes must be submitted via the HE Faculty Office Procedures for approval and issue of new module code.

MODULE CODE: UCSD1100	MODULE TITLE: Developing Coaching Practice	
CREDITS: 20	FHEQ LEVEL: 4 HECOS CODE: 100095 spo	
		coaching
PRE-REQUISITES: None	CO-REQUISITES: None	COMPENSATABLE: N

SHORT MODULE DESCRIPTOR: (400 characters)

This modules aims to explore processes of coaching and the particular elements of coaching practice that a coach will undertake. This will include the behaviour of coaches during sessions and how this links to strategies to improve performance.

ELEMENTS OF ASSESSMENT see Definitions of Elements and Components of Assessment				
E1 (Examination)	C1 (Coursework)	60%	P1 (Practical)	40%
E2 (Clinical	A1 (Generic		P2 (Practical)	P/F
Examination)	assessment)			
T1 (Test)	O1 (online time-			
	limited			
	assessment)			

SUBJECT ASSESSMENT PANEL to which module should be linked: FdSc Sports Coaching and Fitness

Professional body minimum pass mark requirement: NA

MODULE AIMS:

This module will develop students knowledge and skills in coaching practical sessions. Students with synthesise knowledge gained in the foundation of Coaching Practice module and apply in practice. They will also consider the approaches to planning and delivery and how they shape this approach as a practitioner. Students will develop their reflection skills on regarding sessions and consider the strengths and areas for improvement

ASSESSED LEARNING OUTCOMES:

Assessed Module Learning Outcomes	Award/ Programme Learning Outcomes contributed to
LO1: Analyse the role of the coaching process within a sporting environment LO2: Examine behaviours and strategies that can be employed coaches in different contexts LO3: Plan and deliver theoretically informed and inclusive sessions that can be applied to a range of coaching contexts and individual needs. LO4: Review and evaluate the implementation of coaching philosophies and planning methods	KU – 1,3 CIS – 1,2,3,4 KTS – 1,2,3,4 ERS – 1,3,4 PS – 1,2,3

DATE OF APPROVAL: 26/04/2022	AWARDING BODY: South Devon College	
DATE OF IMPLEMENTATION: 21/09/2022	SEMESTER: Semester 2	
DATE(S) OF APPROVED CHANGE: XX/XX/XXXX		

Items in this section must be considered annually and amended as appropriate, in conjunction with the Module Review Process. <u>Some parts of this page may be used in the KIS return and published on the extranet as a guide for prospective students.</u> Further details for current students should be provided in module guidance notes.

ACADEMIC YEAR: 2022/23 MODULE LEADER: Ben Roper NATIONAL COST CENTRE: 108 OTHER MODULE STAFF:

Summary of Module Content

Coaching Process

- Change during the coaching process
- Coaching practice
 - Inclusive
 - Goals and Targets
 - Outcomes
 - Progression
 - o Analysing development
 - Behaviour management strategies
 - Using resources and technology
 - Meeting all participants needs
 - Appropriate presentation
 - Risk/ Safeguarding and safety
- Practice design
 - o Who
 - o What
 - How
 - NGB/ Sport England/ UK Sport/ DofE guidance
 - o KPIs
 - Achieving outcomes through planning and delivery
- Practice & Competitive situations and games
- Practical and theoretical sessions
- Technical and tactical sessions
- Reflective practice
 - Self-awareness
 - \circ Evaluation
 - Reflection models positive reflection
 - Communities of Practice
- Lifestyle of the athlete/ individual
- Coaching Behaviours e.g.
 - o Instructional
 - o Praise
 - Feedback to improve performance
 - Demonstration
- Reflective practice, self-appraisal, self-awareness

Scheduled Activities	Hours	Comments/Additional Information (briefly explain activities, including formative assessment opportunities)
Lectures	37.5	2.5hrs per week for 15 weeks
Practicals	22.5	1.5hrs per week for 15 weeks
Guided Independent Study	140	Directed weekly reading, moodle based tasks, and assessment development/revision.
Total	200	(NB: 1 credit = 10 hours of learning; 20 credits = 200 hours, etc.)

SUMMATIVE ASSESSMENT

Element Category	Component Name	Component Weighting
Coursework	Report (LO1, LO2) – What is the coaching process and how do coaches work in practice? (2000 words)	100%
Practical	Presentation (LO4) - Review and reflect on the delivery of coaching sessions, evaluating the approach taken	100%
Practical	Plan and deliver theoretically informed and inclusive sessions that can be applied to a range of coaching contexts and individual needs.	P/F

Element Category	Component Name	Component Weighting
Coursework	Report (LO1, LO2) – What is the coaching process and how do coaches work in practice? (2000 words)	100%
Practical	Presentation (LO4) - Review and reflect on the delivery of coaching sessions, evaluating the approach taken	100%
Practical	Plan and deliver theoretically informed and inclusive sessions that can be applied to a range of coaching contexts and individual needs.	P/F

To be completed when presented for Minor Change approval and/or annually updated	
Updated by: Ben Roper Approved by: Mike George	
Date: 14/02/2022	Date: 14/02/2022

South Devon College Module Record

SECTION A: DEFINITIVE MODULE RECORD.

MODULE CODE: UCSD1103	MODULE TITLE: Context, Culture and Policy	
CREDITS: 20	FHEQ LEVEL: 4	HECOS CODE:
		100095 sports coaching
PRE-REQUISITES: None	CO-REQUISITES: None	COMPENSATABLE: Y

SHORT MODULE DESCRIPTOR: (400 characters)

This module is designed to give students the knowledge and understanding of the specific context in which they work. This will cover, community sport, school sport and high-performance environments. Each context is shape and managed in different ways which impacts upon practice. Students will understand these factors

ELEMENTS OF ASSESSMENT see Definitions of Elements and Components of Assessment			
E1 (Examination)	C1 (Coursework)	P1 (Practical)	100%
E2 (Clinical	A1 (Generic	P2 (Practical)	
Examination)	assessment)		
T1 (Test)	O1 (Online time-		
	limited		
	assessment)		

SUBJECT ASSESSMENT PANEL to which module should be linked: FdSc Sports Coaching and Fitness

Professional body minimum pass mark requirement: NA

MODULE AIMS:

This module aims to develops students knowledge and understanding regarding trends that take place in different contexts within sports coaching. This is achieved through explorations of policies, strategies, cultures, and codes of practice.

ASSESSED LEARNING OUTCOMES

Assessed Module Learning Outcomes	Award/ Programme Learning Outcomes contributed to
LO1: Describe your coaching context and how this is influenced by local policy and strategies LO2: Analyse how your coaching context is influenced by national policy and strategy LO3: Explain a specific policy relevant to your coaching context LO4: Evaluate the impact of a specific policy on your coaching context	KU – 1,2 CIS – 1,3 KTS – 1 ERS – 3, 4
DATE OF APPROVAL: 26/04/2022	AWARDING BODY: South Devon College
DATE OF IMPLEMENTATION: 23/09/2023	SEMESTER: Semester 1
DATE(S) OF APPROVED CHANGE: XX/XX/XXXX	

Items in this section must be considered annually and amended as appropriate, in conjunction with the Module Review Process. <u>Some parts of this page may be used in the KIS return and published on the extranet as a guide for prospective students.</u> Further details for current students should be provided in module guidance notes.

ACADEMIC YEAR: 2023/24 MODULE LEADER: Ben Roper

NATIONAL COST CENTRE: 108 OTHER MODULE STAFF:

Summary of Module Content

National trends in education, the Department for Education strategies, Statutory Guidelines, DfE National Curriculum the Ofsted Education Inspection Framework and the educational paradigm shift.

School stakeholders, context, category, strategies, culture and codes that influence coaching pedagogy and process effectiveness.

Sport England Professional Workforce Strategies, social change agendas, national trends on national physical activity participation, local data and contemporary influences

Community initiative or club context, culture, stakeholders, Sport England Coaching Plan, sport specific codes, geographic infrastructure and networks that influence coaching pedagogy and process effectiveness.

UK sport and sport specific strategies, global data, trends and contemporary issues in high performance sport, including social, economic, educational and technological influences.

UK sport guidelines, high-performance sport stakeholders, organisational context, culture, codes, direction and politics that influence coaching processes.

SUMMARY OF TEACHING AND LEARNING [Use HESA KIS definitions]			
Scheduled Activities	Hours	Comments/Additional Information (briefly explain activities,	
		including formative assessment opportunities)	
Lecturers	22.5	Block deliver over 3 days	
Guided Independent	87.5	Directed weekly reading, moodle based tasks, and assessment	
Study		development/revision.	
Total	100	(NB: 1 credit = 10 hours of learning; 20 credits = 200 hours,	
		etc.)	

SUMMATIVE ASSESSMENT

Element Category	Component Name	Component Weighting
	Presentation (LO1, LO2) 15-minute presentation on a local and national policy	50%
Practical	Seminar (LO3, LO4) Group seminar on the	
	application and impact of a specific policy in the	50%
	work place	100%

Element Category	Component Name	Component Weighting
	Presentation (LO1, LO2) 15-minute presentation on a local and national policy	50%
Practical	Seminar (LO3, LO4) Group seminar on the application and impact of a specific policy in the work place	50% 100%

To be completed when presented for Minor Change approval and/or annually updated	
Updated by: Ben Roper	Approved by: Mike George
Date: 14/02/2022	Date: 14/02/2022

South Devon College Module Record

<u>SECTION A: DEFINITIVE MODULE RECORD</u>. Proposed changes must be submitted via the HE Faculty Office Procedures for approval and issue of new module code.

MODULE CODE: UCSD1104	MODULE TITLE: Research Project	
CREDITS: 40	FHEQ LEVEL: 4	HECOS CODE: 100962 research
		skills
PRE-REQUISITES: None	CO-REQUISITES: None	COMPENSATABLE: Y

SHORT MODULE DESCRIPTOR: (400 characters)

This module is designed to provide students with the underpinning theories to engage in research focused on their place of work. Students will analyse their workplace and undertake a project designed to improve or enhance the provision.

ELEMENTS OF ASSESSMENT see Definitions of Elements and Components of Assessment				
E1 (Examination)	C1 (Coursework)	80%	P1 (Practical)	20%
E2 (Clinical	A1 (Generic		P2 (Practical)	
Examination)	assessment)			
T1 (Test)	O1 (Online time-			
	limited			
	assessment)			

SUBJECT ASSESSMENT PANEL to which module should be linked: FdSc Sports Coaching and Fitness

Professional body minimum pass mark requirement: NA

MODULE AIMS:

This module aims to provide students with the skills needed to undertake research in a work-based setting. Students will explore underpinning theories to research and consider how they can be applied in the work place. Students will develop a proposal regarding a project and undertake this using the research skills they have gained, presenting the outcomes upon completion.

ASSESSED LEARNING OUTCOMES: (additional guidance below; please refer to the Programme Specification for relevant award/ programme Learning Outcomes.

Assessed Module Learning Outcomes	Award/ Programme Learning Outcomes contributed to
 LO1: Design and plan a research project related to your workplace. LO2: Apply appropriate research methods to a research project. LO3: Interpret data using appropriate methods of analysis. LO4: Evaluate data, building a coherent argument LO5: Present findings of the outcome and impact of your project. 	KU – 2,3 CIS – 1,2,3,4 KTS – 1,2,4 ERS – 3,4

DATE OF APPROVAL : 26/04/2022	AWARDING BODY: South Devon College	
DATE OF IMPLEMENTATION: 21/09/2023	SEMESTER: Semester 1	
DATE(S) OF APPROVED CHANGE: XX/XX/XXXX		

Items in this section must be considered annually and amended as appropriate, in conjunction with the Module Review Process. <u>Some parts of this page may be used in the KIS return and published on the extranet as a guide for prospective students.</u> Further details for current students should be provided in module guidance notes.

ACADEMIC YEAR: 2023/24 MODULE LEADER: Ben Roper

NATIONAL COST CENTRE: 108 OTHER MODULE STAFF:

Summary of Module Content

Development of new coaching strategies, systems and services

Improvements to current coaching strategies, systems or services

- Defining research problems
- Undertaking literature reviews
- Choice of data acquisition method in relation to aims and objectives of investigation
- Types of information; approaches to research
- Resource implications of conducting an enquiry; planning a project
- Quantitative versus qualitative approaches to data collection
- Data analysis including Statistical distributions; statistical analysis; data description; data presentation; statistical pitfalls
- Observation; in depth interviews; qualitative data analysis

Structure

- Introduction
- Project scope, plan and key performance indicators (KPIs)
- Research and methods
- Results and outcomes
- Future recommendations and conclusions

Scheduled Activities	Hours	Comments/Additional Information (briefly explain activitie	
		including formative assessment opportunities)	
Lectures	30	1hr a week for 30 weeks	
Seminars and	60	30hrs a week for 30 weeks	
tutorials			
Guided Independent	410	Directed weekly reading, moodle based tasks, research and	
Study		assessment	
Total	500	(NB: 1 credit = 10 hours of learning; 20 credits = 200 hours,	
		etc.)	

SUMMATIVE ASSESSMENT

Element Category	Component Name	Component Weighting
	Proposal (LO1) Proposed work-based learning project (500 words)	20%
Coursework	Report (LO2, LO3, LO4) Work based learning project and findings (4500)	80%
		100%
Practical	Presentation (LO5) – presenting the findings of your work-based learning research project (20 mins)	100%

Element Category	Component Name	Component Weighting
	Proposal (LO1) Proposed work-based learning project (500 words)	20%
Coursework	Report (LO2, LO3, LO4) Work based learning project and findings (4500)	80%
		100%
Practical	Presentation (LO5) – presenting the findings of your work-based learning research project (20 mins)	100%

To be completed when presented for Minor Change approval and/or annually updated		
Updated by: Ben Roper	Approved by: Mike George	
Date: 14/02/2022	Date: 14/02/2022	